



Radish Personal Disciplers

This document is intended to explain the various components of the Radish folder and course, and give some guidance to Personal Disciplers to enable them to support their radish trainees through the course.

The Radish Folder

1. Course Material – 16 Units on Discipleship

- Look through the units before your trainee starts the course, so that you can see where the course is going.
- There are usually 2 weeks to complete each course. (There may be 3 over holiday periods). Your trainee is advised to read through the course material in the first week of each unit. (If they leave it to the last week, there may not be enough time to complete all the practical tasks)
- Your trainee should always bring their folder when they meet with you.
- They should discuss and plan practical tasks with you.
- Please encourage them to keep on top of their work by completing each unit by the given date.
- When each unit is complete, please sign and date.

2. Backup material

Trainees can use this section to store backup material they collect during the year. This could include:

- Any articles they might read on discipleship or related topics
- Notes from talks at church

3. Training Notes

Trainees should use this section to store notes from any Radish talks/seminars they have attended.

4. Journal

Trainees are always encouraged to keep a daily journal where they are honest not just about what they are doing but also how they are feeling. Reading the trainees journal will help build an open honest relationship between the two of you and help ensure that you do focus on real issues when you meet together. Encourage trainees to:

- Use the A4 notebook to write their daily journal
- On a weekly basis remove the current pages and pass them on to you to read
- File their journal in the Radish folder once you have returned it to them

(This system does not work for every Radish trainee, so whilst continuing to encourage them to use it, don't let them feel guilty if they find difficulty in journaling. Instead, work together to find other ways of keeping a record of their progress).

5. Portfolio

Trainees can use this section to keep a record of all the things they have done during the year. This could include photos, programmes, flyers, letters etc relating to different activities they have been involved in including things like:

- Radish residential training weekends
- SPREE
- Re:Act
- Church youth event
- School CU meeting
- 24:7 prayer initiative
- Holiday



Course Overview

- Residential Training weekends
- Action Opportunities
 - SPREE
 - Re:Act
 - Or other local events
- Discipleship Programme

Discipleship meetings

- Aim to meet once a week for one hour
- Seek to build friendship and trust
 - Encourage openness and vulnerability
 - Be creative with your meetings, spend some “formally”, looking through the workbook, discussing the trainee’s progress and praying together; spend others more informally, meeting in the local coffee shop, going for a walk or other setting which lends itself to building your relationship, trust etc, or just generally chatting over how they are getting on.
- Assist trainees with the course material
 - You have your own copy of the course material, partly so that you can see what your trainee is working on. However, we would also encourage you to consider doing the course yourself.
 - Agree tasks within a timeframe and monitor progress
 - Draw out what they have learnt
 - Assist them with any area where they are struggling.
- Provide pastoral support
 - Be proactive in asking questions
 - Be prepared to challenge attitudes and actions
 - Observe confidentiality
- Pray with them
- Be generous with encouragement

Child Protection and CRB

- Personal Disciplers who are working 1 – 1 with young people should have an Enhanced CRB Disclosure. When you agree to be a Personal Discipler, Urban Saints’ Radish Co-ordinator or CRB Counter-signatory will contact you to ensure this is done.
- Read Urban Saints’ Child Protection Policy, which will be supplied to you when Urban Saints receive your details.

Support from Urban Saints

- Telephone support. ring Lyn Ellis on 01582 589848